

OK2BME Recreational Youth Group Calendar 2018

Ages 12-14

Theme	Topic & Time	Topic & Time	Topic & Time
Lets Talk Relationships!	<p>Sex & Tech January 16th</p> <p>Staff from ACCKWA will join us to talk about healthy relationships, sex and the Internet. Guests from ACCKWA will share about social media, apps, technology and dating.</p>	<p>Consent 101 January 30th</p> <p>Staff from the Sexual Assault Support Centre <i>Male Allies</i> program are coming to chat about consent, boundaries and healthy relationships.</p>	
Queer Creativity	<p>Slam Poetry! April 10th</p> <p>We will hear from a local Queer artist about writing and performing slam poetry. Youth will have a chance to ask questions and learn more about slam!</p>	<p>Stand Up Comedy April 24th</p> <p>Join us to hear some jokes, share a few laughs and learn more! A local Queer artist will come to share about writing and performing stand-up comedy.</p>	<p>LGBTQ+ Films May 8th</p> <p>Join us to hear some jokes, share a few laughs and learn more! A local Queer artist will come to share about writing and performing stand-up comedy.</p>
LGBTQ+ Self Care	<p>Queer Sex Ed July 31st</p> <p>Staff from SHORE will join us to talk about sexual health for LGBTQ+ folks.</p>	<p>Rainbow Yoga August 14th</p> <p>This is an LGBTQ+ friendly yoga night to learn about the benefits of yoga and try it together. All levels of experience are welcome! It is a good idea to wear comfortable clothes that you can move around in.</p>	<p>Mental Health: Real Talk August 28th</p> <p>Youth from the New Mentality group will come to share about youth mental health and share insights from their personal stories.</p>
Got Questions?	<p>Religion and Spirituality: LGBTQ+ Perspectives Nov 6th</p> <p>Local LGBTQ+ folks will come to share their experiences with religion, spirituality and identity. Youth will have a chance to ask questions and hear about real stories from guests.</p>	<p>Ask a Queer November 20th</p> <p>Local LGBTQ+ community members will come and talk about their experiences, with lots of time for open discussion. Youth can come with any questions, such as coming out, finding jobs, moving out, etc.</p>	<p>Ask a Social Worker December 4th</p> <p>Have questions for a social worker? Here is your chance to ask!</p>

Register at: <https://www.universe.com/events/ok2bme-lgbtq-youth-recreation-group-tickets-kitchener-709S1C>

Ages 15-18

Theme	Topic & Time	Topic & Time	Topic & Time
Lets Talk Relationships!	<p>Sex & Tech Feb 27th</p> <p>Staff from ACCKWA will join us to talk about healthy relationships, sex and the internet. Guests from ACCKWA will share about social media, apps, technology and dating</p>	<p>Consent 101 March 13th</p> <p>Staff from the Sexual Assault Support Centre <i>Male Allies</i> program are coming to chat about consent, boundaries and healthy relationships.</p>	
Queer Creativity	<p>Slam Poetry June 5th</p> <p>We will hear from a local Queer artist about writing and performing slam poetry. Youth will have a chance to ask questions and learn more about slam!</p>	<p>Stand Up Comedy June 19th</p> <p>Join us to hear some jokes, share a few laughs and learn more! A local Queer artist will come to share about writing and performing stand-up comedy.</p>	<p>LGBTQ+ Films July 3rd</p> <p>Come to learn more about filmmaking, representation and creativity. Local artists will share about social justice and LGBTQ+ film projects.</p>
LGBTQ+ Self Care	<p>Mental Health: Real Talk July 17th</p> <p>Youth from the New Mentality group will come to share about youth mental health and share insights from their personal stories.</p>	<p>Queer Sex Ed September 11th</p> <p>Staff from SHORE will join us to talk about sexual health for LGBTQ+ folks.</p>	<p>Rainbow Yoga Sept 25th</p> <p>This is an LGBTQ+ friendly yoga night to learn about the benefits of yoga and try it together. All levels of experience are welcome! It is a good idea to wear comfortable clothes that you can move around in.</p>

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OK2BME Youth Group Open Houses Ages 12-18

Topic & Time	Topic & Time	Topic & Time
<p>Welcome Back! January 2nd</p> <p>A drop in night for everybody to celebrate another year together! Everyone is welcome to join to talk about the 2018 group schedule, hang out and have fun. There will be laptops handy for folks to register for upcoming group sessions.</p>	<p>My Gay Valentine February 13th</p> <p>A drop in night to have fun, hang out, and make valentine's together! Supplies and sweets will be provided.</p>	<p>Campfire Stories! March 27th</p> <p>Tonight is a potluck: feel free to bring a snack to share. We will sit around the 'campfire' at KW Counselling and share stories, play games, and hang out.</p>
<p>Talent Show May 22nd</p> <p>All are welcome to bring a talent to share with the group. Singing, dancing, drag performance, photography, the options are endless! NOTE: This group will take place on the first floor, not room 217.</p>	<p>Swimming at Forest Heights October 9th</p> <p>A drop in Swim Night for LGBTQ+ youth 12-18 at Forest Heights Pool.</p> <p>Please Note: Parental Consent Forms Required</p>	<p>How to Support A Friend Oct 23rd</p> <p>The OK2BME Youth Leadership Group will join us to talk about peer support. Youth will learn about how to support a friend or fellow youth, balance, and boundaries.</p>
<p>Holiday Party December 18th</p> <p>All are welcome to come and celebrate the holidays. There will be snacks, games, sweets and fun!</p>		