

## OK2BME 2019 Public Education Series

The OK2BME Program of KW Counselling Services has been a key player in supporting the LGBTQ2+ population in Waterloo Region for the past 12 years and we are able to offer holistic and comprehensive trainings on LGBTQ2+ inclusivity and affirmation from a number of different perspectives. To learn more about our program or public education series please visit us at [OK2BME.ca](http://OK2BME.ca) or register for a workshop at <https://kwcounselling.eventbrite.ca>.



**Events Location:** KW Counselling Services, 480 Charles St East Kitchener Ontario, Room 217

*Please note that this public education series is free for people within Waterloo Region but there will be a \$60.00 fee charged for folks attending from outside of Waterloo Region for some sessions. This fee is payable at our front desk or on Eventbrite. If the fee is a barrier, please contact [wsilk@kwcounselling.com](mailto:wsilk@kwcounselling.com) to inquire about a reduced rate.*

### **Intimate Partner Violence in the Rainbow Community**

Date: March 5, 2019

Time: 2:30 - 4:30pm

This two-hour workshop covers gender and sexuality 101, the unique circumstances of intimate partner violence in the rainbow community, common barriers LGBTQ2+ people face accessing services, and what service providers can do to increase capacity and better support LGBTQ2+ survivors. The workshop will be delivered by the Canadian Centre for Gender & Sexual Diversity.

### **How to Talk to Your LGBTQ2+ Kid or Clients about Sex and Dating**

Date: May 31, 2019

Time: 9am – 1pm

This workshop is for professionals, parents and caregivers that support LGBTQ2+ youth. Workshop participants will learn how approach LGBTQ2+ teens with meaningful, accurate, positive and stigma free information about sex and dating. The workshop is delivered in partnership with SHORE and ACCKWA.

### **Becoming an LGBTQ2+-Inclusive Agency: Bill C-16**

Date: June 10, 2019

Time: 9am – 12pm

This workshop would benefit professionals in both non-profit or for-profit industries, including HR Professionals, Management and Supervisory Staff, and Executive Directors.

In this workshop, participants will learn about key practices to creating an inclusive and supportive workplace for LGBTQ2+ employees. Participants will be provided with information about Bill C-16, its implications for Canadian workplaces, and suggestions for application.

### **Parenting Gender Independent Kids**

Date: July 9, 2019

Time: 5 – 8pm

The workshop is designed to address the unique challenges that may be faced by parents of children or teens who identify as gender independent or transgender. Within a positive and open environment, parents and caregivers will learn practical skills to encourage open communication, understand and support the emotional experiences of our kids, and provide positive structure and guidance.

### **Key Clinical Practices for supporting Transgender Individuals**

Date: Sept 23, 2019

Time: 9am – 12pm

This workshop will be most beneficial to mental health professionals, such as social workers, therapists, counsellors, support workers.

Participants in this training will gain an understanding of Affirmative Therapy, which will provide information about how to support transgender clients in an affirming and inclusive way through the application of a therapeutic frameworks that are trauma informed and can be easily applied in combination with any therapeutic approach. Participants will also further develop their understanding of gender identity, development and expression as well as learn key factors around supporting clients social, medical and legal transition needs.

### **Supporting LGBTQ2+ Students' Success in Schools**

Date: October 8, 2019

Time: 9am – 12pm

This workshop will be most beneficial to individuals interacting with the school system, including teachers, parents or guardians, mental health professionals, child and youth workers, and guidance counsellors.

This workshop will provide participants an opportunity to understand the unique needs and experiences of LGBTQ2+ students in the school system. This workshop will provide practical suggests for how adults can encourage, develop, and provide inclusive and affirming supports for LGBTQ2+ students. Participants will also learn about gender identity development and key support practices.

### **Key Clinical Practices for Supporting LGBTQ+ Individuals**

Date: Nov 19, 2019

Time: 9am – 12pm

This workshop will be most beneficial to mental health professionals, such as social workers, therapists, counsellors, and support workers.

Participants in this training will gain an understanding of Affirmative Therapy practices, which will provide information about how to support LGBTQ+ clients in an affirming and inclusive way. Participants will also further develop their understanding of sexual orientation and gender identity, and the unique experiences of LGBTQ+ service users when accessing the mental healthcare system.