

OK2BME 2018 Public Education Series

The OK2BME Program of KW Counselling Services has been a key player in supporting the LGBTQ+ population in the Waterloo-Region for more than 12 years and we are able to offer a holistic and comprehensive training on the topic of LGBTQ+ inclusivity and affirmation from a number of different perspectives. To learn more about our program or public education series please visit us at OK2BME.CA or register for a workshop at <https://ok2bmelearning.eventbrite.ca>.



Please note that this public education series is free for people within Waterloo Region but there will be a \$60.00 fee charged for folks attending from outside of Waterloo Region. This fee is payable at our front desk. If the fee is a barrier, please contact wsilk@kwcounselling.com to inquire about a reduced rate.

Becoming an LGBTQ+-Inclusive Agency: Bill C-16, An Act to amend the Canadian Human Rights Act and the Criminal Code

Friday April 27, 2018

This workshop would benefit professionals in both non-profit or for-profit industries, including HR Professionals, Management and Supervisory Staff, and Executive Directors.

In this workshop, participants will learn about key practices to creating an inclusive and supportive workplace for LGBTQ+ employees. Participants will be provided with information about Bill C-16, its implications for Canadian workplaces, and suggestions for application.

Key Clinical Practices for supporting Transgender Individuals

Friday May 18, 2018

This workshop will be most beneficial to mental health professionals, such as social workers, therapists, counsellors, and support workers.

Participants in this training will gain an understanding of Affirmative Therapy, which will provide information about how to support transgender clients in an affirming and inclusive way through the application of a therapeutic frameworks that are trauma informed and can be easily applied in combination with any therapeutic approach. Participants will also further develop their understanding of gender identity, development and expression as well as learn key factors around supporting clients' social, medical and legal transition needs.

Polyamory and you and you...Best Practices for Supporting Poly and Non-Monogamous Clients

Wednesday June 13, 2018

This workshop will be most beneficial to mental health professionals, such as social workers, therapists, counsellors, support workers, as well as those curious to know more about poly relationships/dynamics.

Participants in this training will gain an understanding of the dynamics of polyamorous relationships and best practices for supporting poly clients, which will include Affirmative Therapy practices. Participants will also further develop their understanding of terminology, polyamory dynamics, the impact of stereotypes and barriers service users may experience when engaging community supports.

Key Clinical Practices for Supporting LGBTQ+ Individuals

Tuesday July 24, 2018

This workshop will be most beneficial to mental health professionals, such as social workers, therapists, counsellors, and support workers.

Participants in this training will gain an understanding of Affirmative Therapy practices, which will provide information about how to support LGBTQ+ clients in an affirming and inclusive way. Participants will also further develop their understanding of sexual orientation and gender identity, and the unique experiences of LGBTQ+ service users when accessing the mental healthcare system.

Open Spaces: LGBTQ+ 101 and Allyship

Monday August 13, 2018

This workshop will be most beneficial to anyone looking to develop knowledge about gender identity and sexual orientation, which may include community members, parents, social service providers, and teachers.

This workshop will explore a range of topics related to gender identity and sexual orientation, including terminology and key concepts. This workshop is ideal for anyone who would like to learn about sexual orientation, transgender identities and the experiences of LGBTQ+ individuals in our community. Participants will have the opportunity to ask questions and learn from group discussion.

Supporting LGBTQ+ Families, including Bill 89

Tuesday September 18, 2018

This workshop will be most beneficial to mental health professionals, such as social workers, therapists, counsellors, and support workers.

This workshop will explore the key practices in supporting LGBTQ+ families, with a specific focus on parents and siblings of Transgender youth. We also learn about the implications of Bill 89 and how it relates to supporting Transgender youth.

Key Mental Health Considerations for LGBTQ+ Seniors

Tuesday October 16, 2018

This workshop will be most beneficial to mental health professionals, such as social workers, therapists, counsellors, support workers.

This workshop will focus on the unique needs and experiences of LGBTQ+ Older Adults when accessing mental health care. Participants will develop a deeper understanding of the historical role of medical and mental health system in relation to the LGBTQ+ community in Canada and current day challenges for aging LGBTQ+ community members.

Supporting LGBTQ+ Students Success in Schools

Wednesday November 28, 2018

This workshop will be most beneficial to individuals interacting with the school system, including teachers, parents or guardians, mental health professionals, child and youth workers, and guidance counselors.

This workshop will provide participants an opportunity to understand the unique needs and experiences of LGBTQ+ students in the school system. This workshop will provide practical suggests for how adults can encourage, develop, and provide inclusive and affirming supports for LGBTQ+ students. Participants will also learn about gender identity development and key support practices.